

GLUTEN FREE MENU

THE
GARDEN
KITCHEN



- PLEASE NOTE YOUR TABLE NO. & ORDER & PAY AT THE BAR -

STARTERS

Homemade Soup of the Day

(see specials board) £4.99

With GF Bread

Cheesy Garlic Mushrooms £6.99

With GF Garlic Bread

SANDWICHES

ALL SERVED ON GF BREAD WITH SIDE SALAD & HOMEMADE COLESLAW.

Creamy Lancashire Cheese & Caramelised

Onion Chutney £5.99

Prawn Marie Rose £6.99

Honey Roast Ham £6.50

Egg Mayonnaise & Cracked Black Pepper

with Rocket £5.99

Poached Salmon & Dill £6.99

Fish Finger Sandwich with Tartar Sauce

£7.99

TOASTED SANDWICHES

ALL SERVED ON GF BREAD WITH SIDE SALAD & HOMEMADE COLESLAW.

Sweet Chilli Chicken & Cheese £6.99

Honey Roast Ham & Cheese £6.25

Tuna, Red Onion & Cheese £6.50

Pastrami, Gherkin & Emmental Cheese with

Frenchies Mustard £6.75

SALADS

Crispy Duck Salad £10.99

With Cucumber, Spring Onion, Water Chestnuts,
Baby Leaves

Sweet Potato & Goats Cheese Salad
£10.99

Tossed with Spring Onion, Mixed Leaf &
Balsamic Reduction

Chicken Caesar Salad £10.99

With Crisp Lettuce & Parmesan in a
Classic Caesar Dressing

MAINS

Blacksticks Blue Burger £9.99

Served on GF Bread with Melted Blue Cheese,
Chunky Chips & Salad Garnish

Why Not Add Bacon £1.00

Fish & Chips £10.99

GF Battered Haddock, Chunky Chips & a Choice
of Traditional Mushy Peas or Garden Peas

PLATTERS

Seafood Platter £12.99

Prawns, Crayfish, Smoked Salmon & Poached
Salmon & Dill with Marie Rose, Salad & GF Bread

SIDES £2.99

Chunky Chips

Mug of Soup

Skinny Fries

Garlic Ciabatta

Side Salad

Onion Rings

Please ensure you ask for the GLUTEN FREE option when ordering as most items are similar to the normal menu