

# GLUTEN FREE MENU

THE  
GARDEN  
KITCHEN



- PLEASE NOTE YOUR TABLE NO. & ORDER & PAY AT THE BAR -

## STARTERS

Homemade Soup of the Day  
(see specials board) £4.99

With GF Bread

Chicken Liver Pate £5.50

With Red Onion Marmalade & GF Bread

## SANDWICHES

ALL SERVED ON GF BREAD WITH SIDE SALAD & HOMEMADE COLESLAW.

Smoked Applewood & Chutney £5.99

Prawn Marie Rose £6.99

Honey Roast Ham & Piccalilli £6.50

Egg Mayonnaise & Cracked Black Pepper  
with Rocket £5.99

Poached Salmon & Dill £6.99

Fish Finger Ciabatta with Tartar Sauce  
£6.99

## TOASTED SANDWICHES

ALL SERVED ON GF BREAD WITH SIDE SALAD & HOMEMADE COLESLAW.

Simple Cheese Melt £5.50

Honey Roast Ham & Cheese £6.25

Tuna, Red Onion & Cheese £6.50

Pastrami, Gherkin & Emmental Cheese with  
Frenchies Mustard £6.75

## SALADS

Crispy Duck Salad £10.99

With Cucumber, Spring Onion, Water Chestnuts,  
Baby Leaves & a Honey & Soy Dressing

Flaked Cured Salmon Salad £10.99

With a Crisp Green Salad, Straw Potatoes & a Sea  
Salt & Cider Vinegar Dressing

Sweet Potato, Fig & Goats Cheese Salad  
£10.99

Tossed with Spring Onion, Salsa & Balsamic  
Reduction

## MAINS

Garden Kitchen Steak Burger £9.99

Served on GF Bread, with Chunky Chips & Salad  
Garnish

Why Not Add Bacon/Cheese? £1.00 Each

Fish & Chips £10.99

GF Battered Haddock, Chunky Chips & a Choice  
of Traditional Mushy Peas or Garden Peas

## SIDES £2.99

Chunky Chips

Onion Rings

Skinny Fries

Side Salad

Please ensure you ask for the Gluten  
Free option when ordering as some  
items are similar to the normal menu

