



# THE GARDEN KITCHEN

## GLUTEN FREE SUMMER MENU

### LIGHT BITES

**Homemade Soup of the Day (v) £4.99**

With Gluten Free Bread

**Chicken Liver Pate £5.50**

Made to our Secret Recipe with House Salad & Toasted Gluten Free Bread

**Garlic Mushrooms (v) £5.99**

With Toasted Gluten Free Bread

**Tempura Fried King Prawns £6.75**

In a Gluten Free Batter with Crisp Vegetables & Sweet Chilli Dipping Sauce

### SANDWICHES

ALL SERVED ON GLUTEN FREE BREAD WITH SIDE SALAD & HOMEMADE COLESLAW.

**Smoked Applewood & Chutney (v) £5.99**

**Prawn Marie Rose £6.99**

**Honey Roast Ham & Piccalilli £6.50**

**Egg Mayonnaise & Cracked Black**

**Pepper with Rocket (v) £5.99**

**Poached Salmon & Dill £6.99**

**BBQ Pulled Pork Ciabatta with Apple Sauce £6.99**

**GF Battered Fish Finger Ciabatta with Tartar Sauce £6.99**

### TOASTED SANDWICHES

ALL SERVED ON GLUTEN FREE BREAD WITH SIDE SALAD & HOMEMADE COLESLAW.

**Simple Cheese Melt £5.50**

**Honey Roast Ham & Cheese £6.25**

**Tuna, Red Onion & Cheese £6.50**

**Chicken, Cheese & Gherkin £6.50**

**Halloumi & Honey £6.25**

### TACKET POTATOES

ALL SERVED WITH HOUSE SALAD & COLESLAW

**Cheese £5.99**

**Cheese & Beans £6.25**

**Tuna Mayonnaise £6.99**

### SOUP & SANDWICH OFFER!

Add a mug of our homemade soup of the day with any sandwich for an extra £2.00

### ON THE SIDE - ALL £2.99

Chunky Chips

Homemade Onion Rings (GF Batter)

Skinny Fries

House Side Salad



# THE GARDEN KITCHEN

## GLUTEN FREE SUMMER MENU

### SALADS

#### Caesar Salad £9.99

With Chicken, Bacon & Caesar Dressing

#### Beetroot, Feta & Quinoa Salad (V)

£9.99

Served with a Citrus Dressing

#### Crispy Duck & Hoisin Sauce Salad

£10.99

With Cucumber, Spring Onion & Gem Lettuce

### PLATTERS

#### Seafood Platter £12.99

Prawns, Crayfish, Poached & Smoked

Salmon served with Lemon & Dill

Mayonnaise, House Salad & Crusty Baguette & Butter

### MAIN MEALS

#### Fishermans Pie £10.99

*(Can be made gluten free to order)*

Poached Haddock, Smoked Haddock & Salmon cooked in White Wine Sauce & topped with Creamy Mash Potato, served with Seasonal Vegetables

#### Garden Kitchen Steak Burger £9.99

Served on Gluten Free Bread, with Chunky Chips & Salad Garnish

*Why Not Add Bacon/Cheese? £1.00 Each*

#### Fish & Chips £10.99

*(Can be made gluten free to order)*

Beer Battered Haddock, Chunky Chips & a Choice of Traditional Mushy Peas or Garden Peas

#### Grilled Plaice £10.99

Served with Lemon & Dill Potatoes, Broccoli & a Caper Butter Sauce

*PLEASE ENSURE YOUR SERVER KNOWS YOU ARE ORDERING FROM THE GLUTEN FREE MENU AS MOST ITEMS ARE SIMILAR TO THE NORMAL MENU*

*PLEASE SPEAK TO A MEMBER OF OUR TEAM IF HAVE ANY ALLERGIES OR SPECIAL DIETARY REQUIREMENTS*